

Peg Game



Ask an adult at home if they have some pegs that you can use. This is a good activity to do to help strengthen your fingers and will help your hand and eye coordination too! Don't forget to use your helping hand to hold the shoelace nice and still!

1. Take a shoelace off one of your shoes and see how many pegs you can fit onto your shoe laces. Now that your fingers are warmed up, can you see if you can do it with your other hand? Is it easier or harder?



2. Can you try to put the pegs onto the shoelace using your fingers using different fingers?



Use your thumb and your pointer finger



Use your thumb and your third finger



Use your thumb and your fourth finger



Use your thumb and your pinky finger

This can be a pretty challenging activity, so it's okay if you find it tricky! The more often you do it, the stronger your fingers will get. If you want to take the extra challenge you can try and do it with your other hand. See if it feels any different or if it is any easier.

Once you feel like you've had enough practice, maybe you can challenge someone at home to see who can put the most pegs on a shoelace in a set time, maybe 30 seconds!